



MFS After School Clubs

Winter 2019

SCIENCE OLYMPIAD CLUB

4 -5 GRADE

MONDAYS 3:15-4:15

Classes meet:

1/07/19
1/14/19
2/04/19
2/11/19
2/25/19
3/11/19
3/18/19

Are you interested in science and love to be challenged? As a member of the MFS Elementary Science Olympiad Club, you will learn the processes of scientific thought through projects and experiments involving physical, chemical and biological science. You will work with teammates on such activities as Tennis Ball Catapult, Barge Building, Mystery Powders, Straw Egg Drop, and Science Jeopardy, and will prepare for future competition in Middle School.

Teachers: Deborah Bruvik and Tina Corsey – MFS Science Teachers

Cost: \$ 140.00

Meeting: Class meets in the US Room 2.

YOGA AND RELAXATION CLUB

2-5 GRADE

MONDAYS 3:15-4:15

Classes meet:

1/07/19
1/14/19
2/04/19
2/11/19
2/25/19
3/11/19
3/18/19

Students will be exposed to the many positive impacts of a yoga practice and mindfulness as they move and challenge their bodies, and souls through asana, meditation, mindfulness activities and collaborative mat chats. Students will be provided with opportunities to deepen their sense of self, learn stress relieving strategies, and continue to develop a healthy body image all in a fun, supportive, non-competitive environment.

Teachers: Paige Bloom – MFS 2nd Grade Teacher

Pauline Williams MFS PS Teacher Assistant

Cost: \$ 140.00

Meeting: Class meets in the LS room 2.

IMPROV, SKIT AND STANDUP CLUB

3-5 GRADE

MONDAYS 3:15-4:15

Classes meet:

1/07/19
1/14/19
2/04/19
2/11/19
2/25/19
3/11/19
3/18/19

Get ready to laugh and be creative! The club will spend two sessions on improve comedy, two on skit comedy, two on standup, and the remaining sessions on a student-directed comedy show. Students will learn the basics of these forms of comedy and will have them trying them out.

Teachers: Ted Quinn – MFS 3rd Grade Teacher

Cost: \$ 140.00

Meeting: Class meets in the LS Room 5.

SPANISH LANGUAGE CLUB

PK-K GRADE

MONDAYS 3:15-4:15

<p>Classes meet:</p> <p>1/07/19 1/14/19 2/04/19 2/11/19 2/25/19 3/11/19 3/18/19</p>	<p>Come and learn Spanish! Students will be exposed to the Spanish language and practice the language through games, music, and stories. Students will also have the opportunity to learn about the culture of the Spanish speaking world and have fun in the target language!</p> <p>Teachers: Lauren Duwel – MS-US Spanish Teacher</p> <p>Cost: \$ 140.00</p> <p>Meeting: Class meets in the MS Room 205.</p>
<p>CHESS CLUB 2-5 GRADE TUESDAYS 3:15-4:30</p>	
<p>Classes meet:</p> <p>1/8/19 1/15/19 1/22/19 1/29/19 2/05/19 2/12/19 2/19/19 2/26/19</p>	<p>Join The Knight School chess program! Students will gain academic confidence analytical ability, personal integrity, chess friends, and a smarter self-identity.</p> <p>Teacher: Coach - The Knight School</p> <p>Cost: \$190.00 (each session is 75 minutes) All new participants receive a complimentary chess set, t-shirt, plus weekly prizes.</p> <p>Meeting: Class meets in the US room 215.</p>
<p>STORYTELLING CLUB PK-1 GRADE TUESDAYS 3:15-4:15</p>	
<p>Classes meet:</p> <p>1/8/19 1/15/19 1/22/19 1/29/19 2/05/19 2/12/19 2/19/19 2/26/19</p>	<p>Come explore the world of stories. Our time together will be spent enjoying and sharing stories we love and learning how to create our own. We will explore and dream together and it will result in a book of your own to take home to share and enjoy.</p> <p>Teacher: Jessica Durdin – MFS PK Teacher Assistant</p> <p>Cost: \$140.00</p> <p>Meeting: Class meets in the White Building.</p>
<p>INTRO TO WATERCOLOR PAINTING CLUB 1-3 GRADE WEDNESDAYS 3:15-4:15</p>	
<p>Classes meet:</p> <p>1/09/19 1/16/19 1/23/19 1/30/19 2/06/19 2/13/19 2/20/19 2/27/19</p>	<p>Welcome to the colorful world of watercolor. We will explore and become familiar with water color paints, planning out your painting, techniques to use with the brush and how to blend colors and textures. You will leave with new skill and a palette full of colors to use at home.</p> <p>Teacher: Jessica Durdin – MFS PK Teacher Assistant</p> <p>Cost: \$140.00</p> <p>Meeting: Class meets in the LS Art Studio.</p>
<p>DANCE REVOLUTION CLUB PK-2 GRADE THURSDAYS 3:15-4:15</p>	
<p>Classes meet:</p> <p>1/10/19 1/17/19 1/24/19 1/31/19 2/07/19 2/14/19 2/21/19 2/28/19</p>	<p>Come explore the world of dance! We will try out different styles each week including Jazz, Hip Hop, Ballet, Tap, Salsa, Modern, and Ballroom. We will also play movement games, work on stretching, make a craft that goes with week's style, and learn the vocabulary of dance! The club will culminate with a mini-performance demonstrating our skills! Everyone is welcome to learn and create in this club.</p> <p>Teacher: Jenny Torgerson – MFS PK Teacher Jessica Durdin PK Teacher Assistant</p>

Cost: \$140.00

Meeting: Class meets in the LS Room 17.